

The New Grange

Menu

A typical week

Monday

Breakfast

*Assorted Cereals & Toast
Full cooked breakfast
Fruit Juice, Tea & Coffee*

Lunch

*Chicken casserole or poached cod and mushroom sauce
Cauliflower, cut beans, new or creamed potatoes
Rice pudding*

Supper

*Baked jacket potato and cheese and coleslaw
Soup of the day and assorted sandwiches
Fruit jelly*

Tea, Coffee, Squash and water available for all meals

*Morning Coffee and afternoon tea are served daily with fresh homemade cake,
selection of biscuits and fresh fruit*

Additional snacks are available throughout

Alternatives and lighter meals are available for all meals upon request

Special diets catered for

Tuesday

Breakfast

*Assorted Cereals
& Toast
Porridge
Fruit Juice, Tea & Coffee*

Lunch

*Fried scampi & tartar sauce or meatballs & tomato sauce
Broccoli, mixed veg, jacket wedges or creamed potatoes
Mixed fruit crumble*

Supper

*Sausage and beans
Soup of the day and assorted sandwiches
Fruit yoghurt*

Tea, Coffee, Squash and water available for all meals

*Morning Coffee and afternoon tea are served daily with fresh homemade cake,
selection of biscuits and fresh fruit*

Additional snacks are available throughout

Alternatives and lighter meals are available for all meals upon request

Special diets catered for

Wednesday

Breakfast

*Assorted Cereals & Toast
Full cooked breakfast
Fruit Juice, Tea & Coffee*

Lunch

*Roast pork and apple sauce or mince and veg pie
Cabbage, baby carrots, roast or creamed potatoes
Apple sponge and custard*

Supper

*Pizza and spaghetti rings
Soup of the day and assorted sandwiches
Cheese and biscuits*

Tea, Coffee, Squash and water available for all meals

*Morning Coffee and afternoon tea are served daily with fresh homemade cake,
selection of biscuits and fresh fruit*

Additional snacks are available throughout

Alternatives and lighter meals are available for all meals upon request

Special diets catered for

Thursday

Breakfast

*Assorted Cereals
& Toast
Porridge
Fruit Juice, Tea & Coffee*

Lunch

*Steak and red wine pie or cream chicken
Cauliflower, green beans, hash brown or creamed potatoes
Stewed fruit*

Supper

*Baked veg pasta
Assorted sandwiches
Chocolate mousse*

Tea, Coffee, Squash and water available for all meals

*Morning Coffee and afternoon tea are served daily with fresh homemade cake,
selection of biscuits and fresh fruit*

Additional snacks are available throughout

Alternatives and lighter meals are available for all meals upon request

Special diets catered for

Friday

Breakfast

*Assorted Cereals & Toast
Full cooked breakfast
Fruit Juice, Tea & Coffee*

Lunch

*Battered cod and tartar sauce or hamburger and onion rings
Garden peas, baked beans, French fries or creamed potatoes
Strawberry flan*

Supper

*Thick vegetable soup
Assorted sandwiches
Ice cream*

Tea, Coffee, Squash and water available for all meals

*Morning Coffee and afternoon tea are served daily with fresh homemade cake,
selection of biscuits and fresh fruit*

Additional snacks are available throughout

Alternatives and lighter meals are available for all meals upon request

Special diets catered for

Saturday

Breakfast

*Assorted Cereals & Toast
Fruit Juice, Tea & Coffee*

Lunch

*Chicken schnitzel or boiled gammon and parsley sauce
Broccoli, Vicky carrots, herb or creamed potatoes
Raspberry mousse*

Supper

*Soup of the day & assorted sandwiches
Fruit fool*

Tea, Coffee, Squash and water available for all meals

*Morning Coffee and afternoon tea are served daily with fresh homemade cake,
selection of biscuits and fresh fruit*

Additional snacks are available throughout

Alternatives and lighter meals are available for all meals upon request

Special diets catered for

Sunday

Breakfast

*Assorted Cereals & Toast
Fruit Juice, Tea & Coffee*

Lunch

*Roast chicken and stuffing or sausage and bean stew
Cabbage, cauliflower, roast or creamed potatoes
Fruit trifle*

Supper

*Minestrone soup & assorted sandwiches
Coffee & orange gateaux*

Tea, Coffee, Squash and water available for all meals

*Morning Coffee and afternoon tea are served daily with fresh homemade cake,
selection of biscuits and fresh fruit*

Additional snacks are available throughout

Alternatives and lighter meals are available for all meals upon request

Special diets catered for